



["La ciencia va a acabar con el dopaje en el deporte" AS](#)

[El presidente de Ucrania se inspira en Lance Armstrong. AS](#)

[Russia in new controversy after Microsoft claim international anti-doping agencies targeted.](#)

**INSIDE THE GAMES**

[Ex-British Cycling doctor Richard Freeman admits to telling 'a lot of lies' and that he ordered banned testosterone to their headquarters - but is to DENY it was for an athlete - as his medical tribunal finally begins. DAILY MAIL](#)

AS

29/10/2019

## "La ciencia va a acabar con el dopaje en el deporte"

**Los doctores Belda y López-Collazo presentaron su sistema antidopaje, basado en la detección del rastro que dejan las sustancias en las células.**

[J.A.Ezquerro](#)



Pepe Andrés / AS

"La ciencia acabará con el dopaje deportivo". El Comité Olímpico Español (COE) arrancó una serie de conferencias enfocadas a Tokio 2020 con este improbable titular, ya que hasta la fecha la trampa va siempre por delante del antidopaje. Cristóbal Belda, murciano especializado en oncología, y Eduardo López-Collazo, físico nuclear e inmunólogo cubano, presentaron las conclusiones de la primera fase de un estudio que "puede detectar pasados 32 días productos que ahora desaparecen en horas mediante marcadores celulares".

Su proyecto, el primero financiado por el Comité Olímpico Internacional (COI) para combatir el dopaje, se basa en el rastro que dejan las sustancias prohibidas en el sistema inmunológico: "Precisamos de un chivato que nos diga que cualquier agente ilícito estuvo presente en el cuerpo, y ahí entran las células: reaccionan y guardan registro de lo ocurrido".

Para demostrar su teoría extrajeron sangre a 70 deportistas y la doparon con EPO y hormona: "Incluso en concentraciones pequeñas, la diferencia en los indicadores era muy apreciable hasta 20 días después. Las modificaciones interiores se mantuvieron in vitro hasta 32 días. Además, identificamos esos efectos con dosis 300 o 400 veces por debajo de las que se utilizan como microdosis".

En la actualidad, "los análisis antidopaje se reducen a la química y a los glóbulos rojos". Su fórmula se centra en "usar la memoria de los glóbulos blancos". Eso sí, de momento no han trabajado con la Agencia Mundial ni con la Española. Ambos doctores reconocieron que la técnica no está exenta de errores, y que complementará a los métodos convencionales. Belda, muy crítico con el pasaporte biológico, llegó a elaborar un informe para la defensa de Marta Domínguez, finalmente sancionada tres años por valores anómalos.

El estudio aún no se ha publicado en ninguna revista científica (recibirá luz verde en breve, según Belda y López-Collazo) y para la segunda fase (de 24 meses para realizar las mismas

pruebas en grupos más significativos) necesitan financiación. La tercera requeriría “transformar estas premisas en un instrumento operativo”. Cabe recordar que Jordi Segura elaboró un sistema para encontrar plastificantes en la sangre que sigue sin aplicación práctica.

[https://as.com/masdeporte/2019/10/29/polideportivo/1572373343\\_329425.html](https://as.com/masdeporte/2019/10/29/polideportivo/1572373343_329425.html)

AS

30/10/2019

## El presidente de Ucrania se inspira en Lance Armstrong

**Volodimir Zelenski utilizó al ciclista texano, ganador de siete Tours que le fueron retirados por dopaje, en una arenga a sus ciudadanos para hacer que el país crezca.**



El presidente de Ucrania, el cómico Volodimir Zelenski, se inspiró en varios ejemplos estadounidenses para animar a los ciudadanos de su país a que Ucrania progrese tras varios años marcados por el conflicto con Rusia.

Zelenski publicó el siguiente comentario en sus redes sociales. "La desesperación nos destruye o nos hace más fuertes. Hoy, Ucrania está en una encrucijada. Somos como Apple, empezando en un garaje. Somos como Lance Armstrong, desafiando las posibilidades. Los tiempos oscuros que nos han frenado están quedando atrás mientras miramos a un futuro lleno de posibilidades".

El tuit despertó la polémica ya que muchos usuarios le criticaron al mandatario ucraniano que pusiera de ejemplo a Lance Armstrong, ganador de siete Tour de Francia entre 1999 y 2005 que le fueron quitados tras la confesión de su dopaje tras la investigación de la USADA.

[https://as.com/ciclismo/2019/10/30/mas\\_ciclismo/1572428851\\_806886.html](https://as.com/ciclismo/2019/10/30/mas_ciclismo/1572428851_806886.html)

**INSIDE THE GAMES**

28/10/2019

Russia in new controversy after Microsoft claim international anti-doping agencies targetted

- By [Duncan Mackay](#) at the Hôtel Royal Savoy in Lausanne



**A decision on whether a suspension should be reimposed on Russia could be made by the end of next month, the World Anti-Doping Agency revealed tonight, but their case may have been damaged by new reports from Microsoft claiming a group linked to the Moscow Government tried to hack the computers of 16 international anti-doping agencies.**

Microsoft revealed that in some cases they were successful.

In a blog post written by Tom Burt, the corporate vice-president of customer security and trust at Microsoft, it is claimed the hackers began their attacks on September 16.

That was shortly before reports emerged that WADA suspected Russia had tampered with evidence they had handed over the Moscow Laboratory.

Burt identified Fancy Bear, also known as APT28 or Strontium, as the culprit.

"Some of these attacks were successful, but the majority were not," he wrote.

"Microsoft has notified all customers targetted in these attacks and has worked with those who have sought our help to secure compromised accounts or systems."

APT28 has been linked to the Vladimir Putin Government by cybersecurity technology companies CrowdStrike and FireEye.

Last year, Microsoft President Brad Smith claimed Strontium was "a group widely associated with the Russian Government" in a statement.

"The methods used in the most recent attacks are similar to those routinely used by Strontium to target Governments, militaries, think tanks, law firms, human rights organisations, financial firms and universities around the world," Burt wrote.

"Strontium's methods include spear-phishing, password spray, exploiting internet-connected devices and the use of both open-source and custom malware."

Russian hackers first targeted WADA in August 2016 shortly after they had recommended that the country be banned from competing in that year's Olympic Games in Rio de Janeiro.

The cyber espionage group have also attacked the computers of the International Olympic Committee (IOC) and International Association of Athletics Federations, who have banned Russian athletes from competing since November 2015.

Following a number of successful attacks, the medical records of several athletes from around the world were published, including United States tennis players Venus and Serena Williams, American gymnast Simone Biles and British Tour de France winner Sir Bradley Wiggins.

A spokesman for WADA admitted they were aware of Microsoft's findings but that there was "no evidence of any breach of WADA's systems having occurred".

Earlier, WADA had confirmed that Russian authorities have responded to questions about the "inconsistencies" found in data retrieved from a Moscow Laboratory in January, including follow-up questions, raised by its Intelligence and Investigations Department (I&I) and the independent forensic experts.

WADA warned, however, that given the highly technical nature of the investigation and the volume of complex material being assessed, they could not commit to a timeline.

They revealed, though, that they hope a report can be delivered to the WADA independent Compliance Review Committee (CRC) chaired by British lawyer Jonathan Taylor by the end of next month.

The CRC are then expected to make a recommendation which will be considered by the WADA ruling Executive Committee.



Russian athletes were barred from competing under their own flag at Pyeongchang 2018 as punishment for a state-sponsored doping programme and there are calls for a similar ban at Tokyo 2020 ©Getty Images

If they reimpose a suspension on the Russian Anti-Doping Agency (RUSADA), that will put pressure on the IOC to ban Russia from Tokyo 2020, just as they did from last year's Winter Olympic Games in Pyeongchang where they did not compete under their own flag.

The latest controversy is set to be a major topic of discussion at the International Federations (IF) Forum involving the world governing bodies of all Olympic sports, here tomorrow.

WADA had lifted a suspension on RUSADA in September 2018 after ruling it had fulfilled the requirements laid out in a "Roadmap to Compliance", which included giving access to the data stored at Moscow's Laboratory.

Russia missed the December deadline to give WADA the data, but an inspection team was finally allowed to retrieve the data in January, recovering more than 2,200 samples.

Examination of the data, including thousands of anti-doping tests undergone by Russian athletes, has raised questions about the possible manipulation of results.

Any decision taken by the WADA Executive Committee before the end of this year would mark the final decision taken under the Presidency of Sir Craig Reedie.

The Briton is due to officially step down on December 31 following the end of his eight-year term and be replaced by Poland's Sports Minister Witold Bańka.

He will be formally elected the next leader of WADA at the World Conference on Doping in Sport in Katowice, scheduled to take place between November 5 and 7.

<https://www.insidethegames.biz/index.php/articles/1086433/russia-in-new-doping-controversy>

**DAILY MAIL**

29/10/2019

Ex-British Cycling doctor Richard Freeman admits to telling 'a lot of lies' and that he ordered banned testosterone to their headquarters - but is to DENY it was for an athlete - as his medical tribunal finally begins

- **Medical tribunal hearing of ex-British Cycling doctor Richard Freeman to start**
- **Freeman will admit that he ordered banned substance Testogel in May 2011**
- **But he will deny that the order of 30 sachets was intended for an athlete**
- **His legal representative said Freeman had previously told a 'lot of lies'**
- **But Freeman has now come clean about what happened in a witness statement**

By [MIKE KEEGAN FOR THE DAILY MAIL](#)

The doctor at the centre of a testosterone delivery to British Cycling and Team Sky headquarters has admitted telling a 'lot of lies' — and that he ordered the banned substance.

On an explosive first day of the independent medical tribunal, the three-person panel was told Sky's then team doctor Richard Freeman now accepts he sent for 30 sachets of Testogel in 2011 on behalf of team chief Shane Sutton, who guided Sir Bradley Wiggins to the following year's Tour de France title.

Over a staggering few hours that sent shockwaves through the sport, it emerged that Freeman has also admitted to 19 of 22 damning, as yet unpublished allegations but will continue to deny he ordered the testosterone for an athlete.



**Ex-British Cycling doctor Richard Freeman is pictured during his time with Team Sky;**

Sportsmail were first to report that the former Team Sky and British Cycling head doctor, who was still in post for the golden Olympic summers of London and Rio, had placed the order from Fit4Sport Ltd in Oldham, something he previously denied.

But in stunning early legal arguments, Freeman’s representative, Mary O’Rourke QC, accepted that her client had told lies. Now, she said, he had told the truth in a witness statement which was only submitted last month.

O’Rourke also disclosed that Freeman could previously ‘not bring himself to tell the truth, even to his lawyers’.

Quoting Freeman, who was sitting alongside her at the Manchester hearing, she added: ‘I am here now... this is the truth.’

The use of testosterone by athletes is banned under World Anti-Doping Agency rules. For the General Medical Council (GMC), Simon Jackson QC said: ‘Your motive was to obtain testosterone to give to an athlete to improve an athlete’s performance.’

Miss O’Rourke said the only GMC witness she wants to cross-examine is former Team Sky coach Sutton, who she sensationally revealed is the man Freeman claims requested the Testogel.

The GMC will call a hormone expert to give evidence and are expected to argue that Sutton had no medical need for the substance.



**Freeman is accused of ordering 30 sachets of the banned substance Testogel to the Manchester Velodrome (pictured) in May 2011 - something he has denied until now**

In a witness statement, Sutton says he had no knowledge of the delivery.

The tribunal — postponed from February, when Freeman failed to appear citing ‘ill health’ — is to determine whether the doctor is fit to practise.

The outcome could spark the biggest crisis yet for British Cycling and Team Sky, as it has the potential to destroy the credibility of both.

An investigation by UK Anti-Doping may well follow.

Tellingly, Team Ineos, formerly Team Sky, sent a media officer to monitor the hearing, and British Cycling sent a media officer and their head of legal.

The number of people in the room grew significantly in the afternoon after the morning's bombshell developments had been published online.



**Former Team Sky coach Shane Sutton (left), who was also personal coach to Sir Bradley Wiggins (right), will be called as a witness in the hearing**

Freeman became a controversial figure in cycling when it emerged he had given Wiggins corticosteroid triamcinolone before the 2012 Tour de France, thanks to a therapeutic use exemption.

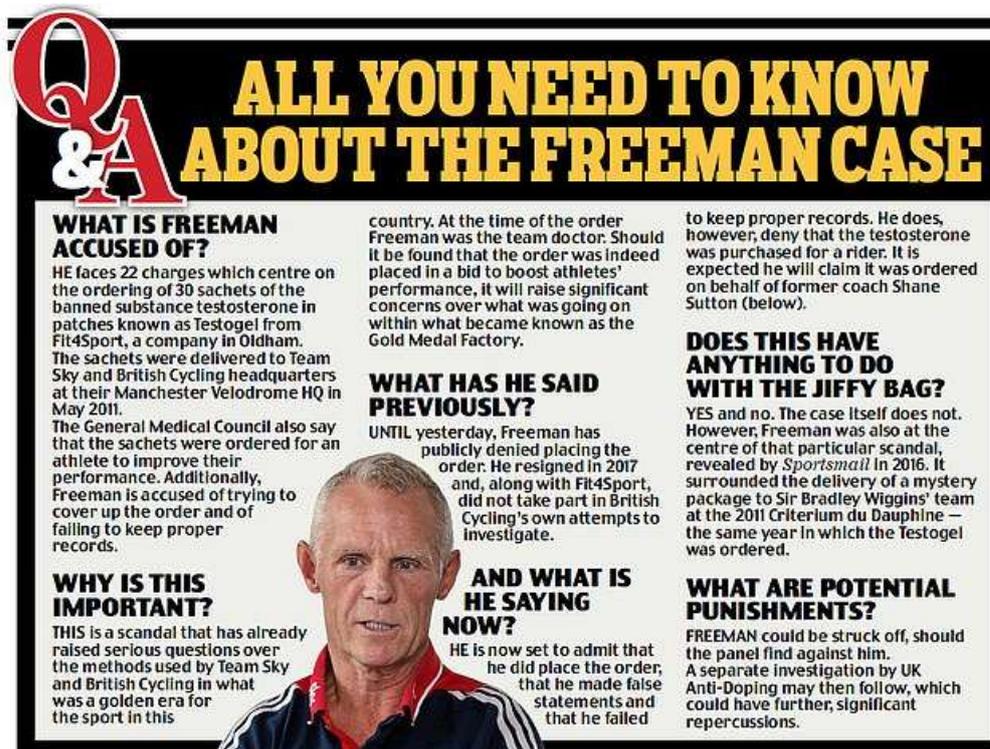
Freeman was then at the centre of the Jiffy bag scandal, revealed by Sportsmail in 2016, concerning the delivery of a mystery package to Wiggins' team at the 2011 Criterium du Dauphine road race in France. Freeman has since resigned from his roles at Team Sky and British Cycling.

An investigation by UKAD was inconclusive because they could not establish what was in the Jiffy bag. There was no record of the contents and all parties denied any wrongdoing.

Dressed in a navy suit, white shirt and maroon tie, Freeman spoke only to confirm his name and his GMC registration number.

In an extraordinary move, the Manchester panel agreed to a suggestion from O'Rourke that her client, described as 'vulnerable', should be screened from the media while giving evidence.

It was also agreed that he would be screened from Australian Sutton — who quit as technical director of British Cycling following accusations of discrimination made against him by former track cyclist Jess Varnish — if he arrives to give evidence.



**Q & A ALL YOU NEED TO KNOW ABOUT THE FREEMAN CASE**

**WHAT IS FREEMAN ACCUSED OF?**  
 HE faces 22 charges which centre on the ordering of 30 sachets of the banned substance testosterone in patches known as Testogel from Fit4Sport, a company in Oldham. The sachets were delivered to Team Sky and British Cycling headquarters at their Manchester Velodrome HQ in May 2011. The General Medical Council also say that the sachets were ordered for an athlete to improve their performance. Additionally, Freeman is accused of trying to cover up the order and of failing to keep proper records.

**WHAT HAS HE SAID PREVIOUSLY?**  
 UNTIL yesterday, Freeman has publicly denied placing the order. He resigned in 2017 and, along with Fit4Sport, did not take part in British Cycling's own attempts to investigate.

**AND WHAT IS HE SAYING NOW?**  
 HE is now set to admit that he did place the order, that he made false statements and that he failed

country. At the time of the order Freeman was the team doctor. Should it be found that the order was indeed placed in a bid to boost athletes' performance, it will raise significant concerns over what was going on within what became known as the Gold Medal Factory.

**DOES THIS HAVE ANYTHING TO DO WITH THE JIFFY BAG?**  
 YES and no. The case itself does not. However, Freeman was also at the centre of that particular scandal, revealed by *Sportsmail* in 2016. It surrounded the delivery of a mystery package to Sir Bradley Wiggins' team at the 2011 Criterium du Dauphine – the same year in which the Testogel was ordered.

**WHAT ARE POTENTIAL PUNISHMENTS?**  
 FREEMAN could be struck off, should the panel find against him. A separate investigation by UK Anti-Doping may then follow, which could have further, significant repercussions.

**WHY IS THIS IMPORTANT?**  
 THIS is a scandal that has already raised serious questions over the methods used by Team Sky and British Cycling in what was a golden era for the sport in this

Sutton was due to appear on November 15 but has now been asked to attend next week.

'Dr Freeman does not want to see him,' O'Rourke said. When Freeman does give evidence, it was agreed the sessions would be limited to three hours and that he would receive regular breaks.

Much of Tuesday morning's legal arguments concerned an attempt by the GMC to change the wording of a disputed allegation which states that Freeman's 'motive for ordering the testosterone was to administer (it) to an athlete to improve their athletic performance'.

The GMC has requested a change to the charge, inserting the words 'knowing' and 'believing' the order was made to enhance the performance of an athlete.

O'Rourke, who argued that accepting the amendment would remove the burden of proof from the GMC, said: 'You heard me talk about motive. How were they going to prove it? How do they know what was in Dr Freeman's mind? What they have done is relieved themselves of that burden, which has always been their case.'

Jackson, the GMC's QC, also suggested that Sutton's medical records could be used as evidence.

'Dr Freeman's alleged assertion that the 30 sachets he allegedly ordered were intended for a non-riding patient is not supported by the non-rider patient's medical records and is explicitly contradicted by their witness statement,' he said.

The tribunal is due to run to December 20, although Freeman's admissions may well bring it to an earlier conclusion.

<https://www.dailymail.co.uk/sport/sportsnews/article-7625725/British-Cycling-doctor-Richard-Freeman-admit-telling-lot-lies.html>