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## SPORT

03/01/2019

### El cambio que podría afectar al mundo del fútbol en breve: ni cafeína ni nicotina

- La cafeína podría ser 'doping' el próximo año en el fútbol
- La AMA ha incluido esta sustancia en el programa de seguimiento para el 2019 junto a la nicotina

Hace apenas unas semanas la FIFA comunicaba a través de una circular la **lista de Prohibiciones de la Agencia Mundial Antidopaje para el año 2019**. Lista que ha entrado en vigor oficialmente con motivo de la entrada del nuevo año 2019 el pasado martes. Se trata de un documento de ocho páginas, y que adjuntamos en el diario SPORT, donde se detallan todos los productos que son considerados como dopantes para todos los deportes, incluido el fútbol.

Dentro de esta relación de sustancias la Agencia Mundial Antidopaje distingue entre aquellas que son terminantemente prohibidas siempre, aquellas que sólo se les da esta consideración en competición e incluso aquellas que están totalmente prohibidas en determinados deportes. Listado este último donde no hay prohibición exclusiva para el mundo del fútbol.

Entre las primeras, aquellas **prohibidas siempre**, nos encontramos los agentes **anabolizantes andrógenos exógenos** (testosterona por ejemplo) y **endógenos** u otros agentes anabolizantes como el clenbuterol. Luego están las **hormonas perdíticas, factores de crecimiento** (eritropoyetinas, hormonas de crecimiento GH por ejemplo) y las llamadas **agonistas Beta 2** que incluye al famoso salbutamol dentro de unas dosis determinadas. Dentro de este primer listado están también los **moduladores hormonales, diuréticos y agentes enmascarantes, manipulación de sangre o la manipulación química y física**.

Dentro del listado de sustancias prohibidas en competición aparece un amplio listado de **estimulantes** (anfetamina, cocaína etc...), **narcóticos** (metadona, morfina etc...), **canabinoides** (cannabis, hachís y marihuana) y **glucocorticoides** (cortisona, hidrocortisona).

Pero además la AMA ha incluido para este año 2019 un programa de seguimiento a **determinados productos que podrían ser prohibidos en el futuro en todos los deportes, incluido lógicamente el fútbol**. Y dentro de este listado está la **cafeína** como posible sustancia dopante a partir del próximo año, siempre dentro de la competición. El hecho de incluir un producto para este seguimiento responde a que la Agencia Mundial Antidopaje **ha detectado esta sustancia en un alto número de controles antidopaje** de ahí que esté estudiando seriamente su prohibición a partir del 2020.

De llevarse a cabo esta prohibición supondría un **cambio radical en las costumbres de los futbolistas** a quienes es muy habitual verles consumiendo o tomando un café alrededor de hora y media antes del comienzo del partido. Costumbre que se ve en otros muchos deportes donde también entraría en vigor. Ya en su día sucedió algo similar con el Meldonium que fue incluida como sustancia prohibida en el año 2016 después de un largo proceso de seguimiento.

Producto que le costó la sanción a la tenista Sharapova precisamente por desconocer que había sido incluida en el listado de productos prohibidos.

Junto a la cafeína están dentro de este programa de seguimiento otras sustancias también muy conocidas como la **nicotina** o narcóticos como la **codeína**. También estas últimas serían consideradas como dopaje sólo dentro de la competición.

<https://www.sport.es/es/noticias/barca/cambio-que-podria-afectar-mundo-del-futbol-breve-cafeina-nicotina-7227779>

AS

03/01/2019

## El Burgos-BH se pasa al morado para la temporada 2019



Burgos-BH

**El equipo sorprendió con el cambio de su prenda para 2019. Debutarán en febrero tras cumplir la sanción impuesta por la UCI por los casos de dopaje de David Belda e Ibai Salas.**

### Jesús Mariano Martín

La temporada 2019 se presenta repleta de novedades para el Burgos-BH. Después de un final de temporada en el que [el equipo fue castigado con 21 días sin competir por los positivos de David Belda e Ibai Salas en menos de un año](#), el equipo burgalés quiere pasar página y centrarse en el plano deportivo.

Por esta razón el equipo ha cambiado en varios aspectos de cara a este 2019. Ha decidido realizar una concentración para concienciar a sus ciclistas sobre el dopaje al tiempo que se cumple la sanción impuesta por la UCI y también ha decidido cambiar sus colores para esta temporada.

El maillot del Burgos-BH para 2019 posiblemente sea uno de los que más dé que hablar durante esta temporada. La escuadra burgalesa llevará una prenda de la marca Mobel en la que cambian el color blanco por el color morado en buena parte de la indumentaria, mientras que en la parte inferior y en la manga derecha ganan protagonismo los tonos rojizos, mientras que el culotte será totalmente morado. De esta forma el equipo quiere identificarse aún más con la provincia de Burgos, ya que la bandera de la provincia burgalesa tiene fondo de color morado.

[https://as.com/ciclismo/2019/01/03/mas\\_ciclismo/1546521697\\_107436.html](https://as.com/ciclismo/2019/01/03/mas_ciclismo/1546521697_107436.html)

**INSIDE THE GAMES**

04/01/2019

## IOC Athletes' Commission call for WADA Compliance Review Committee to recommend immediate measures after missed RUSADA deadline

- By [Michael Pavitt](#)



**The International Olympic Committee's (IOC) Athletes' Commission have called for the World Anti-Doping Agency (WADA) Compliance Review Committee (CRC) to recommend "immediate measures and actions" following the Russian Anti-Doping Agency's (RUSADA) missed deadline.**

A statement from the IOC athlete body asserted they were "extremely disappointed and concerned" after RUSADA missed the December 31 deadline to provide the Laboratory Information Management System (LIMS) and the underlying data from the Moscow Laboratory to WADA.

Meeting the deadline was a key criteria of RUSADA's controversial reinstatement by WADA in September.

The Commission, chaired by Zimbabwe's former swimmer Kirsty Coventry, said they now "expect the CRC in its meeting of 14 and 15 January 2019 to make the appropriate recommendations to the WADA Executive Committee in the light of its decision of September 2018.

"These recommendations should lead to immediate measures and actions," a statement added.

Previously, the Commission said they had asked athletes for their patience while promising that they would advocate for strong actions should RUSADA not meet the requirements for reinstatement.

"Over the past months, we supported the provisional reinstatement of RUSADA for three main reasons," today's statement said.

"One, by provisionally reinstating RUSADA, Russian athletes could be tested more regularly and effectively.

"Second, should RUSADA miss the set deadline, stronger and more effective sanctions would be imposed on Russia, thanks to the new International Standard for Code Compliance by Signatories.

"Third, the provisional reinstatement of RUSADA with a clear deadline provided us with a clear process and timeline to resolve a situation that has been ongoing since 2015."

As well as calling for the CRC to recommend immediate action, the Athletes' Commission said the topic would be top of the agenda at their next meeting on January 14.

The Commission stated they would evaluate all of the information and will discuss how, as athlete representatives, they can support and facilitate any actions to be taken.

"Following our meeting, we will organise one of our regular conference calls with the worldwide network of the Athletes' Commissions in order to update athletes and athlete representatives about our discussions and actions, which we will also announce publicly as we have done in the past," the Athletes' Commission stated.

"Finally, we like to encourage all athletes to continue to share with us their views as we always aim to consider feedback from the global athlete community during our deliberations."

The Commission is the latest body to express concern over the situation.

The missed deadline has increased criticism of WADA, whose President Sir Craig Reedie previously said he could "100 per cent guarantee" that Russia would provide the data.

Russian authorities blocked a WADA team in Moscow last month as they claimed the equipment they wanted to use to extract the laboratory data was not certified under the country's law.

It meant WADA could not take hold of evidence that they say could catch more drug cheats while exonerating others.

The WADA Athlete Committee - chaired by Canada's Beckie Scott who previously claimed she was "bullied" for arguing RUSADA should not be reinstated in the first place - said they are "extremely disappointed" that the deadline has been missed.

As things stand, the CRC meeting on January 14 and 15 in Montreal will discuss what action should now be taken.

Critics have called for the meeting to take place immediately, both to avoid further delays and the possibility that some sort of compromise could be reached with RUSADA between now and then.

Such calls have already come from more than a dozen National Anti-Doping Agencies, including those from the United States, Ireland, Austria, France, Germany, Japan and Singapore.

WADA's own vice-president Linda Helleland has also claimed the CRC should be convened "immediately".

In response, WADA released a statement yesterday to claim that the 14th and 15th are "the closest available dates to the December 31, 2018 deadline" when all CRC members can meet in person.

They added that the members felt it is "imperative" that they meet in person, as opposed to discussing the matter via teleconference as Norway's Sports Minister Helleland suggested.

Poland's Sports Minister Witold Banka, who like Helleland is a candidate for the WADA Presidency, claimed he was in discussions with other Sports Ministers over the missed deadline.

"It seems that Russia hasn't fulfilled its obligations," he said on Twitter.

"They must now be ready to face the consequences.

"The CRC will now analyse the situation.

"My position as an ExCo member will reflect Europe's mandate.

"I'm in discussions with other Sports Ministers."

Swedish biathlete Sebastian Samuelsson, a vocal critic of the Russian crisis, has released an open letter to CRC chair Jonathan Taylor.

"Can you also categorically and publicly confirm that with your lack of calling an urgent Compliance Committee meeting - as is completely within your power to do - Russia has not been given a two-week extension to provide the data until 14 January?" Samuelsson wrote.

"If Russia has been given an extension, as WADA subtly suggested in its statement on New Year's Day, then that makes the so-called 31 December 'hard deadline' a farce, does it not?"

"A deadline must always be a deadline - not least when set by the global anti-doping regulator.

"As a matter of reputation of your Compliance Committee, the world's athletes urge you to do what is right and ethical by sticking to the deadline that was imposed, and that has now passed - anything else is a travesty for sport, and will regrettably bring down the Compliance Committee's reputation along with WADA's.

"Anything else than ethical and transparent action will further ruin WADA's reputation in a week when it has reached rock bottom."

Taylor, a British lawyer, had previously responded to British Paralympic powerlifter Ali Jawad in a letter.

According to the *BBC*, Taylor stated that "in cases of non-compliance, the special fast-track procedure also requires WADA to give the Russian authorities a fair opportunity to make a submission for the consideration of the CRC".

"It might be said that there is nothing to be considered, the non-compliance is plain, the reasons are irrelevant, so following due process is futile and therefore unnecessary, but the courts do not like such arguments, and therefore the risk of successful challenge would be significant, which I don't think anyone would want," Taylor added.

"With respect, I don't think that this approach 'lacks urgency'.

"I note your concern that waiting till 14-15 January might give the Russian authorities a further opportunity to provide the data, albeit after the deadline set.

"I am not sure why you think that would be such a bad thing.

"I thought everyone agreed that it is vital to get the data, so that it can be determined which of the athletes tested in the relevant period have a case to answer and which do not."

IOC President Thomas Bach strongly hinted in his end of year address that Russia will not receive further punishment from them, even if WADA do take action.

The IOC forced Russia to compete neutrally at the Pyeongchang 2018 Winter Olympics due to evidence of the country's doping problem.

<https://www.insidethegames.biz/articles/1073853/ioc-athletes-commission-call-for-wada-compliance-review-committee-to-recommend-immediate-measures-after-missed-rusada-deadline>





